

Das Sreedharan

WHO | WHY | WHAT



TED^x London

x = independently organized TED event

Das Sreedharan, born in Kerala, after miraculously finding a way to take a flight for UK during his twenties, starts his entrepreneurial journey. Working as a restaurant manager first, he then eventually open a vegetarian restaurant in Stoke Newington, London. As a chef he won locally and globally recognised award for his 'home cooking' cuisine earning mentions from BBC and many more . Meanwhile he was working on his dream project; recreate his childhood village in Kerala building an organic and sustainable farm, where he hosts and entertain both public figures and locals. Between his visitors, the honor of being interviewed by Anthony Bourdain and Dr. Sanjay Gupta.



Shree Das Sreedharan has a natural attitude in positively influencing everyone around him. He often find himself telling stories and analogies of food and life! Das has clear and **charismatic public speaking skills**, he developed along his show cookings between UK and India. But also during his innumerable group talks to either customers, friends and team where he doesn't miss the chance to mention his dream of sharing his stories on food with a larger audience to ease the pains of the world.



The journey of an award winning chef, food philosopher and self made social entrepreneur from India to London promoting **health and wellbeing with food mindfulness** as the most effective tool to sustainability on Earth.



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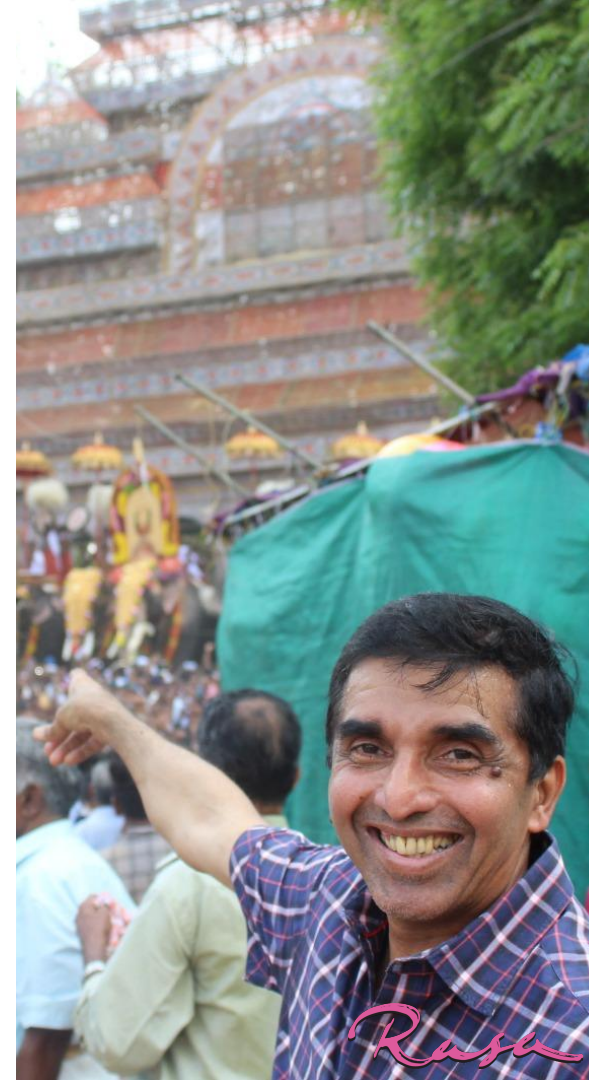
**“There is so much to
tell the world..”** Das Sreedharan

[Das at No Reservations with Anthony Bourdain CNN \(video\) | 2010](#)

[Das at Peschardt's People on BBC world news \(video\) | 2014](#)

[Das at Chasing Life with Dr. Sanjay Gupta on CNN \(video\) | 2019](#)

More at DasSreedharan.com | For info dasrasa@gmail.com | [IG](#)



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